



AARP Segunda Juventud
Assisted Living and Long-Term Care Study

Omnibus Survey Results

Omnibus Survey fieldwork done by ICR.

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AARP Segunda Juventud **Assisted Living and Long-Term Care Study**

Executive Summary

Most Hispanics ages 40 and older do not feel they—or a family member—will need long-term care services in the near future and few are worried about being able to afford it if they did.

Few 40-plus Hispanics have any recent experience at requiring long-term care in a professional facility. However, many have had someone in their family who required care at home from a family member, friend, or a health care professional.

Similarly, if they (or a family member) needed long-term care, most would prefer that care be provided in their home.

However, few 40-plus Hispanics have planned for the possibility that they might have to enter an assisted-living or long-term care facility. Further, if they did need to go to such a facility, less than half indicate they have the financial means to pay for it.

Not many 40-plus Hispanics have discussed their preferences regarding long-term care services with family members, or discussed their parents' preferences if such care was needed.

If they needed long-term care, many Hispanics would be willing to have their children or a family member move in with them—or to move in with a child or family member.

Most 40-plus Hispanics have plans if their parents are no longer able to care for themselves; but not many involve placing a parent in an assisted living or long-term care facility. Almost half are currently providing care or assistance to a parent.

Methodology

This study was conducted for AARP via telephone by ICR, an independent research company. Telephone interviews were conducted from March 9 – 20, 2007 among a representative sample of 551 Hispanic respondents 40 years of age and older. The margin of error is +/- 4.17% at the 95% confidence level.

Unless otherwise noted, the sample size is all 40-plus Hispanics in the sample (n=551).

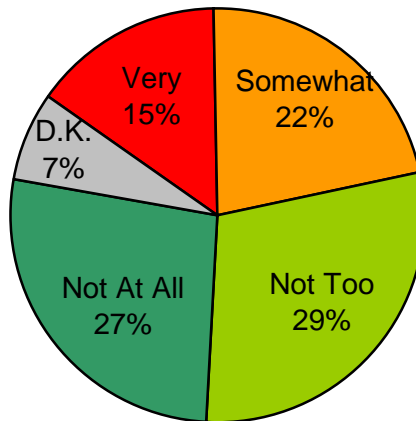
Detailed Findings

Need for Care

Hispanics are optimistic regarding their need for long-term care. Most do not feel they will need that level of care in the near future and few are worried about being able to afford it if they did.

Nearly six in ten Hispanics ages 40 and older think it is not too likely (29%) or not at all likely (27%) that they or a family member may need long-term care services in the next five years. However, more than a third think it is very (15%) or somewhat likely (22%) that a family member may require such care. (See Figure 1)

Figure 1: Likelihood of Needing Long-Term Care Services in Next Five Years



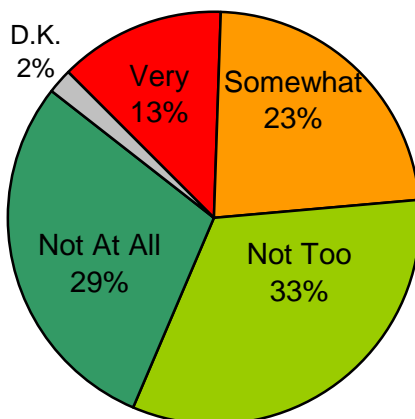
Question: How likely is it that you or a family member may need long-term care services in the next five years (READ LIST)?

Not surprisingly, older Hispanics—those ages 50 and older—are twice as likely as those 40 to 49 to feel that they, or a family member, may need long-term care in the next five years.

Related to their perceived need, only one-third of 40-plus Hispanics say they have planned for the possibility that they might have to enter an assisted-living or long-term care facility if they were not able to care for themselves (35%).

A majority of 40-plus Hispanics are not too (33%) or not at all (29%) worried about being able to afford long-term care or assisted living services for themselves or their family. However, more than a third are very (13%) or somewhat concerned (23%) about their ability to afford such services. (See Figure 2)

Figure 2: Worried About Being Able to Afford Long-Term Care or Assisted Living



Question: Some people 50 and older express worry about being able to afford long-term care or assisted living services for themselves or their family. How worried are you about it? Would you say you are ... (READ LIST)?

But their lack of concern seems related more to their sense of not needing that level of care rather than being able to afford it. In a later question, only about four in ten Hispanics ages 40 and older indicate they have the financial means to pay for assisted-living or long-term care in a facility (38%).

Hispanic men and those with household incomes of \$75,000 or more are most likely to say they could pay for care in an assisted living or long-term care facility.

Experience

Few Hispanics have any recent experience at requiring long-term care—at least not in a professional facility.

In the past five years few 40-plus Hispanics have had anyone in their family who had to live in a nursing home (9%) or residential care facility (6%) or attend adult day care (7%). However, about one-third have had someone in their family who needed to stay at home in the past five years and receive long-term care from another family member or friend (33%); while another quarter have had a family member who received home care from a health care professional or aide (23%). (See Table 1)

Women and those with some college education are more likely to report that they, or a family member, received long-term care from family members or friends or professionals while living at home.

Table 1: Use of Long-Term Care Services in Past Five Years
(by Respondent or a Family Member)

	Percent
Lived at home while receiving help from family or friends	33%
Lived at home while receiving visits from a skilled health professional or health care aide	23
Lived in a nursing home	9
Attended adult day care	7
Lived in a residential care facility	6

Question: In the past five years have you or a family member used any of the following long term care services? (READ SERVICE)?

Hispanics born in the United States are more likely to report that they or a family member have lived in a nursing home or residential care facility in the past five years.

Care Preferences

If they (or a family member) needed long-term care, most would prefer to receive that care at home.

About half of Hispanics ages 40 and older indicate they would most prefer to stay at home and have family or friends provide all the long-term care they needed (48%). Almost a third would also prefer to stay home, but receive care from a nurse or professional aide (28%).

However, only a quarter of 40-plus Hispanics have discussed their preferences regarding long-term care services with family members (26%). And only a third have discussed their parents' preferences regarding long-term care (36%).

Interestingly, those at the upper (\$75,000 plus) and lower (under \$25,000) levels of annual household income are most likely to prefer that friends and family provide long-term care for them in their own home. So are 40 to 49 year olds and those with a high school education or less. Those most likely to prefer an assisted living facility have household incomes of \$50,000 or more, at least some college education, and were born in the United States.

Hispanics with college degrees, high household incomes (\$50,000+), and those born in the United States are more likely to have discussed their own and their parents' preferences regarding long-term care.

If they were no longer able to take care of themselves, most Hispanics ages 40 and older would be willing to have their children or another family member move in with them (73%). More than half would be willing to move in with a child or another family member if they could not take care of themselves (58%). (See Table 2)

Hispanics ages 40 to 49 are more likely than those 50 and older to be willing either to have someone move in with them or move in with someone else if they could no longer take care of themselves. Those with a high school diploma or less or a household income less than \$25,000 are also more willing to have someone move in with them.

Table 2. Agree / Disagree with Statements Regarding Ways to Receive Care

	Agree (completely or somewhat)	Neither Agree nor Disagree	Disagree (completely or somewhat)	Other / Don't Know / Refused
You would be willing to have your children or another family member <u>move in with you</u> if you could no longer take care of yourself.	73%	4%	20%	3%
You would be willing to <u>move in with</u> one of your children or another family member if you could no longer take care of yourself.	58	6	33	3
It is acceptable to place your parents in an assisted living or long-term care facility if they are no longer able to care for themselves.	36	5	46	13

Question: How much do you agree or disagree with each of the following statements?
 For each statement please tell me if you completely agree, somewhat agree, neither agree nor disagree, somewhat disagree, or completely disagree.

Only about one-third of 40-plus Hispanics agree that is acceptable to put their parents in an assisted-living or long-term care facility if they are not able to take care of themselves (36%). Those born in the United States are more likely to feel that is acceptable.

Parents

Among Hispanics ages 40 and older, six in ten have at least one parent still alive (59%). Almost half of them are currently providing care or assistance to a parent who needs help (45%). A few report that one or both of their parents are currently in an assisted-living or long-term care facility (8%).

College graduates and those with annual household incomes of \$50,000+ are more likely to report having a parent in a care facility.

Two-thirds of 40-plus Hispanics say they have plans for their parents' care if they are no longer able to take care of themselves (68%). Among those who have such plans, less than a third involve placing a parent in an assisted living or long-term care facility (29%).

Annotated Questionnaire

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LT-1 Are either of your parents currently living?

	Yes	No	Don't know	Refused
	59	41	--	1

(Total Respondents 40+ who have parents currently living; unweighted n =295)

LT-2 Would you say you have plans for your parents' care if the time comes when they are no longer able to care for themselves?

	Yes	No	Already in assisted living	Don't know	Refused
	68	30	1	*	--

(Total Respondents 40+ who have plans for their parents care; unweighted n = 209)

LT-3 Do those plans include placing them in an assisted-living or long-term care facility?

	Yes	No	Already in assisted living	Don't know	Refused
	29	68	--	3	--

(Total Respondents 40+ who have parents currently living; unweighted n =295)

LT-4 Are you providing care or assistance to a parent to help them take care of themselves?

	Yes	No	Don't know	Refused
	45	54	*	--

(Total Respondents 40+ who have parents currently living; unweighted n =295)

LT-5 Are one or both of your parents currently in an assisted-living or long-term care facility?

	Yes	No	Don't know	Refused
	8	91	1	--

LT-6 Which care option would you prefer **most** for yourself or a family member needing long term care?

Family or friends to provide all the care at home	48
A nurse or personal care aide to provide care at home	28
Care provided by a nursing home	6
Care provided in an assisted living facility	8
Don't know	7
Refused	3

LT-7 Have you and your family discussed your preferences regarding long term care services?

	Yes	No	Don't know	Refused
	26	72	1	--

(Total Respondents 40+ who have parents currently living; unweighted n =295)

LT-8 Have you and your family discussed your parents' preferences regarding long term care?

	Yes	No	Don't know	Refused
	36	64	*	--

LT-9 In the past five years have you or a family member used any of the following long term care services (READ SERVICE)?

	Yes	No	Don't know	Refused
a. Lived in a nursing home	9	91	--	*
b. Lived in a residential care facility	6	93	1	--
c. Lived at home while receiving visits from a skilled health professional or health care aide	23	77	*	--
d. Lived at home while receiving help from family or friends	33	67	--	--
e. Attended adult day care	7	93	1	--

LT-10 How likely is it that you or a family member may need long term care services in the next five years (READ LIST)?

	LIKELY			NOT LIKELY			Don't know	Refused
	NET	Very	Somewhat	NET	Not too	Not at all		
	37	15	22	55	29	27	7	*

LT-11 Some people 50 and older express worry about being able to afford long term care or assisted living services for themselves or their family. How worried are you about it? Would you say you are... (READ LIST)?

	WORRIED			NOT WORRIED			Don't know	Refused
	NET	Very	Somewhat	NET	Not too	Not at all		
	36	13	23	62	33	29	2	*

LT-12 How much do you agree or disagree with each of the following statements. For each statement please tell me if you completely agree, somewhat agree, neither agree nor disagree, somewhat disagree, or completely disagree.

- a. It is acceptable to place your parents in an assisted living or long-term care facility if they are no longer able to care for themselves

Agree (NET)	36
Completely Agree	22
Somewhat Agree	13
Neither agree nor disagree	5
Disagree (NET)	46
Somewhat Disagree	9
Completely Disagree	37
No living parents	10
Don't know	3
Refused	*

- b. You have planned for the possibility that you might have to enter an assisted-living or long-term care facility if you are no longer able to care for yourself

Agree (NET)	35
Completely Agree	16
Somewhat Agree	18
Neither agree nor disagree	10
Disagree (NET)	52
Somewhat Disagree	15
Completely Disagree	37
No living parents	--
Don't know	3
Refused	1

- c. You would be willing to move in with one of your children or another family member if you could no longer take care of yourself

Agree (NET)	58
Completely Agree	40
Somewhat Agree	18
Neither agree nor disagree	6
Disagree (NET)	33
Somewhat Disagree	8
Completely Disagree	25
No living parents	*
Don't know	2
Refused	1

- d. You would be willing to have your children or another family member move in with you if you could no longer take care of yourself

Agree (NET)	73
Completely Agree	55
Somewhat Agree	18
Neither agree nor disagree	4
Disagree (NET)	20
Somewhat Disagree	7
Completely Disagree	13
No living parents	1
Don't know	2
Refused	1

- e. You have the financial means to pay for assisted-living or long-term care if the time comes when you can no longer take care of yourself

Agree (NET)	38
Completely Agree	21
Somewhat Agree	17
Neither agree nor disagree	8
Disagree (NET)	49
Somewhat Disagree	15
Completely Disagree	34
No living parents	*
Don't know	4
Refused	*